

# Goals Worksheet

## 1) Create The Vision

What is my specific goal? \_\_\_\_\_

What date will I reach the goal? \_\_\_\_\_

Why will I become successful in becoming, doing or having this?

## 2) Divide And Conquer

How will I know when I reach my goal? \_\_\_\_\_

6 Month Target

3 Month Target

1 Month Target

What are the difficulties that stand in my way and how will I overcome them?

What knowledge and skills do I need to achieve this goal?

What kind of person do I need to become to achieve this goal?

## 3) Process into Actions (Process the 1 month target)

What is the next step? \_\_\_\_\_

When will it be done? \_\_\_\_\_

Where is its home? \_\_\_\_\_

## 4) How am I going to make it Public?

## 5) Establish Accountability

Who will help me achieve this goal? \_\_\_\_\_

Their contact details: \_\_\_\_\_

**CELEBRATE SUCCESSES AND SET MY WEEKLY REVIEW APPOINTMENT**

**Monthly Progress:**

**Next Actions:**